

Dr Peter Harborow

MB, BS., MRCS LRCP, DLO, DIP COUNS.



Peter is an authorised medical examiner for the Civil Aviation Authority, recognised to perform examinations for certification for both class one and class two.

A medical educationalist, Peter is involved in the training of General Practitioners and responsible for continuing medical education for established General Practitioners.

Peter left General Practice after 27 years of partnership in East Grinstead and now works clinically on a sessional basis.

Other services

- Mentoring
- Personal and professional development
- Stress management
- Counselling
- Lifestyle medicals

Please contact us should you wish for any further details

To book an appointment or for further information, please contact:

Peter Harborow or
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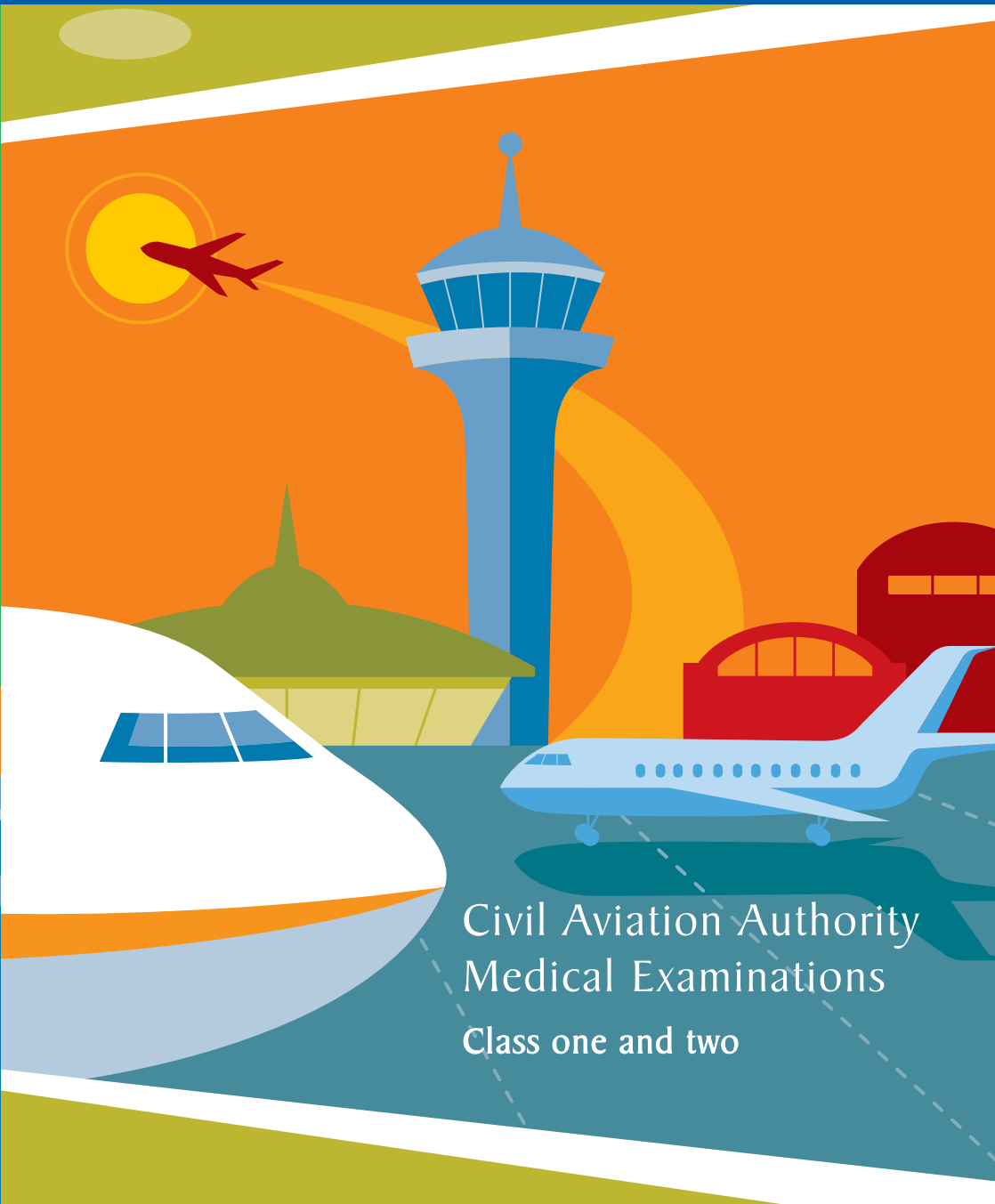


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Civil Aviation Authority
Medical Examinations
Class one and two



Fresh thinking...
...a way forward

Medical examinations

for pilots of commercial or private aircraft

- Commercial
- Private
- JAR regulations
- Initial examination for class

Class 1 initial examinations must be done at CAA Gatwick – telephone 01293 573700 (dial 1 for medical and 1 for medical reception)

The Medical Examination

Examinations take about an hour and are performed in a private room at 79a High Street, East Grinstead.

The examination will be done in one session, although any necessary tests will have to be sent off for evaluation.

Please bring the following with you:

- Passport or other form of identification
- Urine sample
- Spectacles if worn
- Old medical certificate
- Flying licence
- Flying log book

Eye examination

All full Ophthalmological examinations are to be undertaken by Arthur Hayes Opticians in Middle Row East Grinstead, preferably prior to the medical examination. Please contact them directly on 01342 312277 for an appointment.

Summary

of Certification Requirements for Pilots Licences

LICENCE	CLASS 1 ATPL CPL		CLASS 2 PPL	
INITIAL EXAMINATION	AMC		AMC or AME	
Issue of medical certificate	Initial: AMC Renewal: AMC or AME		AMC OR AME	
Validity of certificate for routine medical examination	Under 40 40 plus	12 months 6 months	Under 30 30-19 50-64 65 plus	60 months 24 months 12 months 6 months
Haemoglobin	Every examination		At Initial	
Electro-encephalogram	At Initial		If indicated	
Electro-cardiogram	At initial Under 30 30-39 40-49 50 plus	5 years 2 years Annual 6 months	At initial 40 – 49 50 – 64 65 Plus	2 years 1 year 6 months
Audiogram	At Initial Under 40 40 Plus	5 years 2 years	Initial instrument Under 40 40 Plus	5 years 2 years
Comprehensive Otorhinolaryngeal examination	At Initial Under 40 40 Plus		At initial by AME 5 years 2 years	
Comprehensive Ophthalmological examination	At initial Under 40 40 Plus	5 years 2 years	At initial by AME	
Lipid Profile	At Initial Ages 40		2 or more risk factors and aged 40	
Pulmonary function	At initial Peak flow 30, 35, 40	4 years	Peak flow initial Aged 40 Then 4 yearly	
Chest x -ray	At initial		If indicated	
Urinalysis	Every examination		Every examination	

Scale of Charges

Commercial Pilots . . .	£95
Private Pilots	£65
Ground Staff	£65
Electrocardiogram and reading	£45
Blood Tests	£15
Otorhinolaryngeal examination	£35
Audiogram	£20

To book your medical

☎ 01342 321172

or **email:**

caroline@cygnusmentoring.co.uk

